

Good morning,

Please see below/attached for information and resources related to your work with older youth:

- When Trauma is Your Birthright: The Plan, the Purpose and the Practices!! (attached webinar invite)
- Suicide Prevention Month: If you need to talk, **the 988 Lifeline is available 24/7/365**. Conversations are free and confidential. In crisis? Call or text 988.
- National Kinship Month

September is Suicide Prevention Month:

Suicide Prevention Month Guide

The Jana Marie Foundation, Aavidum, Prevent Suicide PA, STAR-Center at the University of Pittsburgh, and Garrett Lee Smith (GLS) Youth Suicide Prevention Grant are pleased to share a [resource guide](#) for **National Suicide Prevention Month**. This September, the week of September 6th-12th is recognized as **National Suicide Prevention Week**, with Thursday, September 10th marking **World Suicide Prevention Day**. For the past three years, the national theme has been “Changing the Narrative on Suicide,” and the new guide emphasizes the importance of “Strengthening the Connection, Expanding the Conversation.”

The guide provides a variety of suicide prevention resources and activities that you can implement in your organization or community to raise awareness about suicide prevention. This includes infographics, ideas for events, social media posts, virtual backgrounds, a sample proclamation, and more. Many of these resources are also available as standalone [one-pagers](#) for use at trainings, conferences, and other awareness events.

We encourage you to share this resource guide with partners in your communities that can work together to help prevent suicide in the Commonwealth.

Questions may be directed to Dr. Perri Rosen (c-prosen@pa.gov).

Thank you,
OMHSAS Executive Committee

National Kinship Month:

September is **National Kinship Care Month**, a time to recognize and celebrate the important role of relatives and fictive kin (those close to the family) who are serving as kin caregivers while acknowledging the importance of preventing unnecessary entry into foster care and keeping families together.

<https://www.childwelfare.gov/find-resources/resource-collections/national-kinship-care-month/about-national-kinship-care-month/>

<https://www.cwla.org/september-is-kinship-care-month/>

<https://acl.gov/news-and-events/announcements/september-national-kinship-care-month>

<https://nationalcasagal.org/kinship-care-keeps-children-and-youth-connected/>

Have a great weekend.

Thank you,

Meghan O'Hare, MSW