

Good morning,

Please see below/attached for information and resources related to your work with older youth.

- Tips for Using and Supplementing NYTD Data and the NYTD Dashboard (attached)
- PHEAA Student Aid Guide
- Permanency Resources
- Expectant and Parenting Youth in Foster Care

PHEAA Student Aid Guide:

The **PHEAA Student Aid Guide** is a great resource to share with youth in August as they prepare for the upcoming school year and begin thinking about college and career plans. It provides clear, easy-to-understand information on financial aid, scholarships, grants, college costs, and career exploration, helping students make informed decisions and prepare for important application and FAFSA deadlines. <https://www.pheaa.org/documents/college-planning/student-aid-guide/student-aid-guide.pdf>

Permanency Resources: <https://www.payab.pitt.edu/Resources-Permanency.htm>

1. Adoption: [The Rewards longform: Adoption from Foster Care](#)
2. Guardianship: [Why Guardianship Matters: Emma's Story](#)
3. Aging out of care [Youth voices: Life after foster care - Full length version - YouTube](#)
4. Every Kids Needs a Family: [Every Kid Needs a Family: Advice to My Younger Self](#)

Expectant and Parenting Youth in Foster Care

Expectant and parenting youth in foster care—including pregnant youth, those with pregnant partners, and young parents—benefit from specialized support navigating a complex child welfare system. Experiences in foster care can become more complex for young people expecting or caring for a child of their own.

This issue of *The Gateway Exchange* explores best practices in working with expectant and parenting youth so that professionals are well-equipped to provide support and resources. Read on for **insights informed by lived experience** on how professionals can better support expectant and parenting youth, an **overview of a program** using cross-system collaboration to support expectant or parenting hospital patients who are considering adoption, and a **collection of resources** for more information.



Tips for Partnering With Expectant and Parenting Youth

Navigating pregnancy and potentially becoming a parent is a major life transition. For youth in or transitioning from foster care, it can mean navigating adolescence, adulthood, pregnancy, and parenthood all at once. Informed by the insights of young people with lived experience, this article provides tips for working with expectant and parenting youth in foster care.

[Read More](#)

Have a great weekend.

Thanks,